

Indiana Youth Soccer Recreation Plus and Travel Small-Sided Games Format Fall 2005

Bold Print-Mandatory *Italics-Recommended*

Age Group	U9/10	U11/12	U13 and Above
Format	6v6 (5 plus a goalkeeper)	8v8 (7 plus a goalkeeper)	11v11 (10 plus a goalkeeper)
Goalkeeper	Yes	Yes	Yes
Goalkeeper Distribution	Throwing, Rolling, and *Restricted Punting. (See below)	Throwing, Rolling, and Punting.	Throwing, Rolling, and Punting
Roster Size	12 Maximum 6 Minimum	14 Maximum 8 Minimum	18 Maximum 11 Minimum
Game Duration	2 x 25 minutes	2 x 30 minutes	2 x 35 minutes
Substitutions	Unlimited	Unlimited	Unlimited
Ball Size	4	4	5
<i>Recommended Goal Size</i>	Recommended 6ft x 12 ft 6ft x 18 ft-Maximum	Recommended 6ft x 18 ft 7ft x21 ft-Maximum	8ft x 24 ft
<i>Recommended Field Size</i>	Recommended 45L x 35W Minimum 55L x 45 W Maximum	Recommended 75L x 55W Minimum 80L x 60 W Maximum	Recommended 110L x 65W Minimum 120L x 80W Maximum
<i>Recommended Center Circle Size</i>	Recommended 5 yard radius	Recommended 8 yard radius	10 yard radius
<i>Recommended Corner Arc</i>	Recommended 3 feet	Recommended 3 feet	3 feet
<i>Recommended Goal Box</i>	Recommended 4 yd L x 14 yd W	Recommended 4 yd L x 14 yd W	6 yd L x 20 yd W
<i>Recommended Penalty Box-by yards</i>	Recommended 9 x 22 yard	Recommended 14 x 34 yard	18 x 44 yard
<i>Recommended Penalty Mark</i>	Recommended 8 yards out from center of goal line	Recommended 10 yards from center of goal line	12 yards from center of goal line
Distance for Free Kicks	7 yards	10 yards	10 yards
<i>Recommendations for Scores/Standings</i>	Yes/No	Yes/Yes	Yes/Yes
Throw-In	Throw-ins	Throw-ins	Throw-ins
Offside	No	Yes	Yes
Referee	1	1	1
Asst. Referees <i>U9/10 not mandatory, but recommended. U11/12 and above-mandatory</i>	Recommended Yes (2) or club	Yes (2) or club	Yes (2) or club

*** U9/10 Restricted Punt Rule**

Punting and/or Drop Kicks are allowed, however the ball may not land past midfield without touching the ground or another player first.

Throwing, Rolling, and/or putting the ball down on the ground and kicking it beyond midfield line in air is allowed.

- **In the case of an infraction, an indirect free kick will be awarded. The indirect free kick will be placed at the midfield line.**